

## FOAChBsHandinook

THURSDAY JANUARY 25, 2024

| Time | Flynn <br> Arena | Time | Enns <br> Arena | Westoba Place <br> Keystone |
| :--- | :---: | :--- | :---: | :---: |
| 2:00 PM | U7 | 2:00 PM | U11 | U13 |
| 2:50 PM | U7 | 3:00 PM | U13 | U13 |
| 3:30 PM | U7 | $4: 00$ PM | U13 | U13 |
| 4:40 PM | U7 | 5:00 PM | U13 | U13 |
| 5:30 PM | U9 | 6:00 PM | U13 | U9 |
| 6:30 PM | U9 | 7:00 PM | U15 | U18 |
| 7:30 PM | U9 | 8:00 PM | U15 | U18 |
| 8:20 PM | U9 | 9:00 PM | U15 |  |

FRIDAY JANUARY 26, 2024

| Time | Flynn <br> Arena | Time | Enns <br> Brothers | Westoba Place <br> Keystone |
| :--- | :---: | :--- | :---: | :---: |
| 9:00 AM | U7 | 9:00 AM | U11 | U13 |
| 9:50 AM | U7 | 10:00 AM | U11 | U13 |
| 10:50 AM | U7 | 11:00 AM | U11 | U13 |
| 11:40 AM | U7 | 12:00 PM | U11 | U13 |
| 12:40 PM | U9 | 1:00 PM | U11 | U13 |
| 1:20 PM | U9 | 2:00 PM | U11 | U13 |
| 2:20 PM | U9 | 3:00 PM | U11 | U13 |
| 3:10 PM | U9 | 4:00 PM | U15 | U18 |
| 4:10 PM | U9 | 5:00 PM | U15 | U18 |
| 5:00 PM | U9 | 6:00 PM | U15 | Senior |
| 6:00 PM | U9 | 7:00 PM | $40+$ | Senior |
| 6:50 PM | U9 | 8:00 PM | $40+$ | Senior |
| 7:50 PM | Womens | 9:00 PM | $40+$ | Senior |
| 8:50 PM | Womens | 10:00 PM | $40+$ | Senior |
| 9:50 PM | Womens |  |  |  |
| 10:50 PM | Womens |  |  |  |

SATURDAY JANUARY 27, 2024

| Time | Flynn <br> Arena | Time | Enns <br> Brothers | Westoba Place <br> Keystone |
| :--- | :---: | :--- | :---: | :---: |
| 9:00 AM | U7 | 9:00 AM | U11 | U15 |
| 9:50 AM | U7 | 10:00 AM | U11 | U15 |
| 10:50 AM | U9 | 11:00 AM | U13 | U15 |
| 11:40 AM | U9 | 12:00 PM | U13 | U18 |
| 12:40 PM | U9 | 1:00 PM | U11 | U18 |
| 1:20 PM | U9 | 2:00 PM | U13 | U18 |
| 2:20 PM | U7 | $3: 00$ PM | U11F | Senior |
| 3:10 PM | U9 | 4:00 PM | U13 F | Senior |
| 4:10 PM | U7 F | 5:00 PM | Womens | Senior |
| 5:00 PM | U9 F | 6:00 PM | $40+$ | Senior |
| 6:00 PM | Womens | 7:00 PM | $40+$ | Senior |
| 7:00 PM | Womens | 8:00 PM | $40+$ | Senior |
| 8:00 PM | Womens | 9:00 PM | $40+$ | Senior |
| 9:00 PM | Womens | 10:00 PM | $40+$ | Senior |
| 10:00 PM |  | $11: 00$ PM | $40+$ | Senior |

SUNDAY JANUARY 28, 2024

| Time | Flynn <br> Arena | Time | Enns <br> Brothers | Westoba Place <br> Keystone |
| :--- | :---: | :---: | :---: | :---: |
| 10:00 AM | U15 | 10:00 AM | $40+$ | U18 |
| 11:00 AM | Womens | 11:00 AM | $40+$ | $40+$ |
| 12:00 PM | U15 | $12: 00 \mathrm{PM}$ | $40+$ | U18 |
| 1:00 PM | Womens | $1: 00 \mathrm{PM}$ | $40+$ | Senior |
| 2:00 PM | U15 F | $2: 00 \mathrm{PM}$ | U18 F | Senior |
| 3:00 PM | Womens F | $3: 00 \mathrm{PM}$ | $40+$ | Senior |
| 4:00 PM |  | $4: 00 \mathrm{PM}$ |  | Senior |
| 5:00 PM |  | $5: 00 \mathrm{PM}$ |  | $40+$ |
| 6:00 PM |  | 6:00 PM |  | Senior |
| 7:00 PM |  | $7: 00 \mathrm{PM}$ |  | $40+\mathrm{F}$ |
| 8:00 PM |  | $8: 00 \mathrm{PM}$ |  | Senior |
| 9:00 PM |  | $9: 00 \mathrm{PM}$ |  |  |

## U7 Division Rules and Regulations

- U7 players are ages 4 to 6 years old
- One game final
- All Native/ Metis
- Two periods (20 minute straight time periods)
- ALL PLAYERS MUST BE OF ABORIGINAL OR METIS
- Entry fee $\$ 500.00$
- Play at your own risk
- 20 player roster (includes goalies)
- \$500.00 cash protest fee (non-refundable) per player/ per situation
- All M.A.H.A and C.A.H.A rules apply
- The horn will sound every 2 minutes and players will change
- Face offs will occur at face off areas closest to where play ended at horn sound
- ALL PLAYERS MUST CHANGE AT SOUND OF THE HORN. NO PLAYER CAN STAY ON ICE AND RETURN TO PLAY AFTER HORN SOUNDS
- Games will be played on modified ice surface
- Three (3) coaches maximum on bench during games
- All games will start on the stated tournament draw
- All teams must have 4 players and a goalie
- If no goalie a player may play as a goalie but stay in the goal crease area
- All players must play for one team only through out the tournament
- All teams must empty out dressing room after each game regardless if they have one game wait
**Identification need upon request
** All players can only play for one team and one division only in tournament
** All teams must empty out each dressing room after each game regardless if they have one game wait

NOTICE: TO ALL HOCKEY PLAYERS:
Absolutely no smoking or graffiti/vandalism in dressing room areas. All teams may be subject to losing their entitlement to any main prize and/or may not be eligible in next year's tournament.


## U9 Division Rules and Regulations

- U9 Players ages are 7 \& 8 Years old
- One game final
- All Native/ Metis
- Two periods (20 minute straight time periods)
- ALL PLAYERS MUST BE OF ABORIGINAL OR METIS
- Entry fee $\$ 500.00$
- Play at your own risk
- 20 player roster (includes goalies)
- \$500.00 cash protest fee (non-refundable) per player/ per situation
- All M.A.H.A and C.A.H.A rules apply
- The horn will sound every 2 minutes and players will change
- Face offs will occur at face off areas closest to where play ended at horn sound
- ALL PLAYERS MUST CHANGE AT SOUND OF THE HORN. NO PLAYER CAN STAY ON ICE AND RETURN TO PLAY AFTER HORN SOUNDS
- Games will be played on modified ice surface
- Three (3) coaches maximum on bench during games
- All games will start on the stated tournament draw
- All teams must have 4 players and a goalie
- If no goalie a player may play as a goalie but stay in the goal crease area
- All players must play for one team only through out the tournament
- All teams must empty out dressing room after each game regardless if they have one game wait
**Identification needed upon request
** All players can only play for one team and one division only in tournament
${ }^{\text {** }}$ All teams must empty out each dressing room after each game regardless if they have one game wait.

NOTICE: TO ALL HOCKEY PLAYERS:
Absolutely no smoking or graffiti/vandalism in dressing room areas. All teams may be subject to losing their entitlement to any main prize and/or may not be eligible in next year's tournament.


## UII Division Rules and Regulations

- U11 Players are ages 9 and 10 years old
- One Game Final
- Two periods 1st period 20 minutes 2nd period 25 minutes (straight time)
- Last 2 minutes stop time within two goals
- ALL PLAYERS MUST BE ABORIGINAL OR METIS
- Players or coaches must be able to produce players identification during game
- Entry Fee $\$ 1000.00$
- Play at own risk
- Double modified format
- 20 player roster includes goalies
- If game is tied after regulations 3 man shoot out will occur
- Three coaches maximum on bench during game
- Referees will use all M.A.H.A and C.A.H.A rules on ice
- Eight (8) goal mercy rule
- $\$ 500.00$ cash protest (non refundable) per player/ per situation
- Protest msut be before second period starts
- Coach notifies referee to protest
- Referee will let timekeepers know and they will let tournament officials know
- Tournament officials (committee) decision is final
- Absolutely no fighting - automatic tournament ejection
- ALL players can play for one (1) team and one (1) division only
**Identification needed upon request
** All players can only play for one team and one division only in tournament
** All teams must empty out each dressing room after each game regardless if they have one game wait.

NOTICE: TO ALL HOCKEY PLAYERS:
Absolutely no smoking or graffiti/vandalism in dressing room areas. All teams may be subject to losing their entitlement to any main prize and/or may not be eligible in next year's tournament.


## U13 Division Rules and Regulations

- U13 Players are ages 11 and 12 years old
- One Game Final
- Two periods 1st period 20 minutes 2nd period 25 minutes (straight time)
- Last 2 minutes stop time within two goals
- ALL PLAYERS MUST BE ABORIGINAL OR METIS
- Players or coaches must be able to produce players identification during game
- Entry Fee $\$ 1000.00$
- Play at own risk
- Double modified format
- 20 player roster includes goalies
- If game is tied after regulations 3 man shoot out will occur
- Three coaches maximum on bench during game
- Referees will use all M.A.H.A and C.A.H.A rules on ice
- Eight (8) goal mercy rule
- $\$ 500.00$ cash protest (non refundable) per player/ per situation
- Protest must be before second period starts
- Coach notifies referee to protest
- Referee will let timekeepers know and they will let tournament officials know
- Tournament officials (committee) decision is final
- Absolutely no fighting - automatic tournament ejection
- ALL players can play for one (1) team and one (1) division only


## **Identification needed upon request

** All players can only play for one team and one division only in tournament
** All teams must empty out each dressing room after each game regardless if they have one game wait.

NOTICE: TO ALL HOCKEY PLAYERS:
Absolutely no smoking or graffiti/vandalism in dressing room areas. All teams may be subject to losing their entitlement to any main prize and/or may not be eligible in next year's tournament.


## U15 Division Rules and Regulations

- U15 Players are ages 13 and 14 years old
- One Game Final
- Two periods 1st period 20 minutes 2nd period 25 minutes (straight time)
- Last 2 minutes stop time within two goals
- ALL PLAYERS MUST BE ABORIGINAL OR METIS
- Players or coaches must be able to produce players identification during game
- Entry Fee $\$ 1000.00$
- Play at own risk
- Double modified format
- 20 player roster includes goalies
- If game is tied after regulations 3 man shoot out will occur
- Three coaches maximum on bench during game
- Referees will use all M.A.H.A and C.A.H.A rules on ice
- Eight (8) goal mercy rule
- $\$ 500.00$ cash protest (non refundable) per player/ per situation
- Protest must be before second period starts
- Coach notifies referee to protest
- Referee will let timekeepers know and they will let tournament officials know
- Tournament officials (committee) decision is final
- Absolutely no fighting - automatic tournament ejection
- ALL players can play for one (1) team and one (1) division only


## **Identification needed upon request

** All players can only play for one team and one division only in tournament
${ }^{* *}$ All teams must empty out each dressing room after each game regardless if they have one game wait.

NOTICE: TO ALL HOCKEY PLAYERS:
Absolutely no smoking or graffiti/vandalism in dressing room areas. All teams may be subject to losing their entitlement to any main prize and/or may not be eligible in next year's tournament.


## U18 Division Rules and Regulations

- U18 Players are ages 15 and 17 years old
- One Game Final
- Two periods 1st period 20 minutes 2nd period 25 minutes (straight time)
- Last 2 minutes stop time within two goals
- ALL PLAYERS MUST BE ABORIGINAL OR METIS
- Players or coaches must be able to produce players identification during game
- Entry Fee $\$ 1000.00$
- Play at own risk
- Double modified format
- 20 player roster includes goalies
- If game is tied after regulations 3 man shoot out will occur
- Three coaches maximum on bench during game
- Referees will use all M.A.H.A and C.A.H.A rules on ice
- Eight (8) goal mercy rule
- $\$ 500.00$ cash protest (non refundable) per player/ per situation
- Protest must be before second period starts
- Coach notifies referee to protest
- Referee will let timekeepers know and they will let tournament officials know
- Tournament officials (committee) decision is final
- Absolutely no fighting - automatic tournament ejection
- ALL players can play for one (1) team and one (1) division only


## **Identification needed upon request

** All players can only play for one team and one division only in tournament
** All teams must empty out each dressing room after each game regardless if they have one game wait.

NOTICE: TO ALL HOCKEY PLAYERS:
Absolutely no smoking or graffiti/vandalism in dressing room areas. All teams may be subject to losing their entitlement to any main prize and/or may not be eligible in next year's tournament.


## Men's 40+ Rules and Regulations

- One (1) game final
- Two (2) periods (1st period 20 minutes and 2nd period 25 minutes)
- Last two (2) minutes stop time within two (2) goals
- All players identification must be on hand during the game (by coach or team)
- Entry fee $\$ 1500.00$
- Play at own risk
- Double modified format
- 20 player roster (goalies included)
- If game is tied after regulation, 3 man shoot out will occur
- Three (3) coaches maximum on bench during game
- All M.A.H.A and C.A.H.A rules apply 8 Goal mercy rule
- $\$ 500.00$ cash protest fee (non refundable) per player/ per situation
- Protest before second period starts
- Coach notifies referee to protest
- Referee stops game in case of protest and tournament officials will be notified
- Protest committee's decision is final
- Absolutely no fighting - automatic tournament ejection
- All teams must supply their own locks for dressing rooms
**Identification need upon request
${ }^{* *}$ All teams must empty out each dressing room after each game regardless if they have one game wait.

NOTICE: TO ALL HOCKEY PLAYERS:
Absolutely no smoking or graffiti/vandalism in dressing room areas. All teams may be subject to losing their entitlement to any main prize and/or may not be eligible in next year's tournament.


## Women's Division Rules and Regulations

- One (1) game final
- Two (2) periods (1st period 20 minute and 2nd period 25 minute)
- Last two (2) minutes stop time within two (2) goals
- All players must have identification on hand during games
- Play at your own risk
- Entry fee: $\$ 1500.00$
- Double modified format
- 20 player roster (goalies included)
- All rosters frozen after first game, players not playing for first game must play second game to be eligible for remainder of the tournament
- 2 goal spread in the last 3 minutes of second period stop time
- If tied after regulation (5 minutes) sudden death 3 on 3, 3 man shoot out (if still tied)
- Fighting game ejection, second fight tournament ejection
- All M.A.H.A and C.A.H.A rules apply
- 8 goals mercy rule
- $\$ 500.00$ cash protest fee (non refundable) per player/ per situation
- FINALS ONLY - tied in regulation sudden death 3 on 3 until one team scores
- Protest before second period starts
- Coach notifies referee in case of protest
- Referee notifies timekeeper to stop game
- Time keeper notifies tournament officials
- All teams must supply their own locks for dressing rooms
***Identification needed upon request
**All players can only play for one team in tournament/ one division
**All teams must empty out each dressing room after each game regardless if you have one game wait


## NOTICE TO ALL HOCKEY PLAYERS:

Absolutely no smoking or graffiti/ vandalism in dressing room areas. All teams may be subject to losing their entitlement to any main prize and/ or may not be eligible in next year's tournament.


## Men's Senior Division Rules and Regulations

- One (1) Game Final
- Two (2) periods (1st period 20 minutes and 2nd period 25 minutes straight time)
- All Native/ Metis
- All players must have identification on hand during game
- Entry fee $\$ 1500.00$
- Non Sanctioned event
- Play at your own risk
- Double modified format 20 player roster (includes goalies)
- All rosters frozen after first game, players not playing first game must play second game to be eligible to play remainder of tournament
- If game is tied after regulation, 3 on 3 over time will occur (5 minute straight time sudden death period will occur. If still tied 3 player shootout will occur
- Fighting game ejection, second fight tournament ejection
- 8 goal mercy rule
- $\$ 500.00$ cash protest fee (non refundable) per player/ per situation
- FINALS ONLY If tied after regulation a 3 on 3 sudden death period will occur until one team scores
- Coach will notify referee if protesting
- Referee will notify timekeepers and they will let hockey protest committee know
- protest committee decision is final
- ALL players can only play for one (1) team and one (1) division only in tournament
**Identification needed upon request
** All teams must empty out each dressing room after each game regardless if they have one game wait.

NOTICE: TO ALL HOCKEY PLAYERS:
Absolutely no smoking or graffiti/vandalism in dressing room areas. All teams may be subject to losing their entitlement to any main prize and/or may not be eligible in next year's tournament.


## Sponsors



## $\int \begin{gathered}\text { sor sounct } \\ \text { sor sporss } \\ \text { srand }\end{gathered}$

## W/FIT <br> roun <br> GAME.

SINCE 1988
PROUD SUPPORTERS
OF LOCAL SPORTS.

## Notes




